

# Identification of *Inonotus obliquus* and Analysis of Antioxidation and Antitumor Activities of Polysaccharides

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**Abstract** *Inonotus obliquus*, a wild wood-decay fungus which grows on *Betula* trees in cool climates, has a variety of biological activities that the scientific community is paying more and more attention to. However, the research work is moving at a snail's pace. The methods of strain identification and the hypha microstructure have not been reported. We isolated one strain of filamentous molds from fruit body which was collected from birch wood on Changbai Mountain, cultivated mycelia on an inclined plane, and examined its micromorphology based on macroscopic examination. The strain was identified as *I. obliquus* by sequencing its ITS (internal transcribed spacer) domain. We subsequently investigated some of the mycelium polysaccharides' biological activities. The strain used in this study as the producers of antioxidation and anticancer polysaccharides was LNUF008. After fermentation in a 30-L fermenter, mycelia were obtained. The polysaccharides were extracted by transonic recirculation and ethanol precipitation. In order to identify the antioxidation effect, we designed an assay to test the inhibition of endogenous and Fe<sup>2+</sup>-Cys-induced lipid peroxidation as well as ferrous sulfate/ascorbate (Fe<sup>2+</sup>-VC)-induced mitochondrial swelling. The MTT [3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide] method was used to study the antiproliferation activity of the polysaccharides on SMMC7721 hepatoma cells. The results indicate that *I. obliquus* polysaccharides exhibit high antitumor and antioxidation effects. The submerged culture method of

growing *I. obliquus* will enable large-scale production of the polysaccharides.

## Introduction

*Inonotus obliquus* (chaga) is a white rot fungus that belongs to the phylum Basidiomycota. It is a typical tree disease fungus widely distributed over Europe, Asia, and North America that grows on birch trees in colder northern climates [18, 26]. Chaga is a fungal parasite, sucking nutrients out of living trees rather than from the ground. It is often found as a sterile conk (sclerotium). Since the sixteenth century, chaga has been used as a folk remedy in Russia and western Siberia [7, 9].

In recent years, more than 20 different kinds of bioactive components have been found in chaga, such as triterpenoids [25] inotodiol, trametenolic acids, and lanosterol [30]. Many biological activities have also been attributed to chaga, including high antitumor [9, 20] anti-HIV [3], antioxidation [5, 17, 23] antimitotic [2] hypoglycemic [29] and anti-inflammatory activities [24] and it doesn't show any side effects in treatment of cancers and digestive system diseases.

DNA sequence data of 18S rRNA, 26S rRNA, ITS, and mitochondrial rRNA have frequently been used in recent phylogenetic studies of eukaryotic cells. Among them, the ITS domain, which has the highest evolutionary speed, is appropriate for the molecular identification or delimitation of fungi and is now commonly used in the systematics of species within a genus [13]. We used the phylogenetic analysis of ITS sequences compared to registered sequences of Basidiomycota in the GenBank, EMBL, DDBJ, and PDB databases to identify the LNUF008 strain.

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Fruit body, basidiospore, and mycelium morphology are important characteristics for identifying various kinds of fungi [6]. Plenty of papers have described the thalline appearance of *I. obliquus*, but little work has been done to study the microstructure of the mycelia. In this study, the morphological characteristics of laboratory-cultivated *I. obliquus* mycelia were examined using fluorescence microscopy in order to fully understand the microstructure of *I. obliquus* and provide new identification criteria.

Many polysaccharides, such as *lentinan*, *schizophyllan*, *krestin*, and those found in *Ganoderma* [27], have been used in clinical cancer therapies as well as other applications [1, 16]. In recent years, an increasing number of pharmaceutical companies have begun producing functional mushroom polysaccharides from fermental mycelia [33] instead of fruit bodies because of the high productivity and low cost [10, 19]. Our polysaccharide producer is the mycelium, which is isolated from the fruit bodies collected at Changbai Mountain in China. We extract the *I. obliquus* polysaccharides from the submerged fermental mycelia. At present, because of the lack of studies on the fermentation of *I. obliquus* mycelia, we only have very limited knowledge about the polysaccharide production level from this source.

After obtaining the *I. obliquus* polysaccharides from the submerged fermental mycelia, we identified its antioxidation and antitumor activities [32, 34]. For the antioxidation effect, we tested the inhibition to endogenous and  $\text{Fe}^{2+}$ -Cys-induced lipid peroxidation and ferrous sulfate/ascorbate ( $\text{Fe}^{2+}$ -VC)-induced mitochondrial swelling. No literature has documented the antioxidation activities of *I. obliquus* polysaccharides using this method. In this project, the antitumor effect was confirmed by the MTT [3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide] method. This activity is likely due to the antiproliferation of the polysaccharides in SMMC7721 hepatoma cells.

In the end, we compared the antioxidation and antitumor activities of fermental mycelia with that of fruit body of *I. obliquus*, by substituting the fermental mycelial polysaccharides with those from the fruit body. This experiment provided some valuable data for future polysaccharide production.

## Materials and Methods

### Chemicals and Biological Compounds

*I. obliquus* fruit bodies used in our experiment were harvested from the northern forest in China. The strains were isolated from the fruit bodies, maintained on potato dextrose agar (PDA) slants at 30°C for fifteen days, and stored at 4°C. All chemicals and solvents were of analytical grade.

Kunming mice were purchased from Shenyang Medical College (each weighing 10–18 g).

### Microexamination

The mycelia in the PDA slant were inoculated onto a 60-mm-diameter PDA plate, which was incubated 20 days at 30°C. Small pieces of the colony were removed, pressed onto a glass microscope slide, observed under a Nikon light microscope, and photographed. The micromorphology of aerial hyphae and intrahyphae was obtained and measurements were taken.

### ITS Domain Identification

We picked the cultured mycelia from the PDA slant to make the lysate and degenerated it at 85°C. Then the TaKaRa Fungi Identification PCR Kit was used for PCR amplification with 1  $\mu\text{l}$  of the lysate as the template, and 5  $\mu\text{l}$  of the PCR products was separated by agarose gel electrophoresis. After that, we cut the gel in order to recover the objective fragments using the TaKaRa Agarose Gel DNA Purification Kit Ver.2.0, and separated by agarose gel electrophoresis once more. The rDNA ITS sequence of isolate of *I. obliquus* was sequenced with the corresponding primers (TaKaRa Biotechnology Co., Ltd.), and the sequences obtained were compared with those stored in the GenBank data system with BLAST alignment software (<http://www.ncbi.nlm.nih.gov/BLAST/Blast.cgi>) including the GenBank, EMBL, DDBJ, and PDB databases [2]. Another molecular identification method was accomplished using phylogenetic tree analysis of 18 Basidiomycota ITS nucleotide sequences in the GenBank database.

### Preparation of Polysaccharides

In our study, an improved PDA liquid medium (used as both seed and fermental broth) that included 20 g of glucose, 5 g of proteose peptone, 1.5 g of  $\text{MgSO}_4 \cdot 7\text{H}_2\text{O}$ , 0.2 g of  $\text{K}_2\text{HPO}_4$ , and 0.4 g of  $\text{KH}_2\text{PO}_4$  was added to 1 l of water that had been used to boil 200 g of potatoes.

Seed cultivations were carried out in a 500-ml flask containing 100 ml of liquid medium on a shaking incubator at 30°C and 180 rpm for 7 days. These were followed by fermental cultivations which were done in a 30-L fermenter. The medium for the fermental cultivations consisted of 400 ml seed cultures and 19.6 l PDA liquid medium. After cultivation for 7 days, the *I. obliquus* mycelia were collected by broth filtration at 5000 rpm for 20 min and were washed with distilled water to clean the surface polysaccharides. They were then dried at 40°C for 1 h [28].

The desiccated mycelia were resuspended in 20 vol of distilled water and extracted at 121°C for 5 h in an autoclave sterilizer. After centrifugation at 4000 rpm for 10 min, the supernatant was concentrated, followed by the addition of 3 vol of ethanol to precipitate the polysaccharides. The *I. obliquus* polysaccharides were obtained by centrifugation at 8000 rpm for 15 min and dried.

In order to compare the antioxidation and antitumor activities of fermental mycelial polysaccharides with those of fruit bodies. We extracted the polysaccharides from the fruit body powder using the same methods mentioned above.

#### Investigating the Inhibition of Lipid Peroxidation

In this study, two assays were performed to research the inhibitive activities of endogenous and Fe<sup>2+</sup>-Cys-induced lipid peroxidation by *I. obliquus* polysaccharides. After mice were fasted for twelve hours, they were sacrificed by cervical dislocation. The liver was rapidly removed and its homogenates were prepared with 50 vol of normal saline at 4°C. Four reaction systems containing 2 ml of liver homogenate and 1 ml of polysaccharide solution at different concentrations (100, 200, 300, and 400 µg/ml) as well as a control with only normal saline were set up. All of them were kept in a 37°C water bath for 1.5 h, and 2 ml of 10% (w/v) trichloroacetic acid (TCA) was added to terminate each reaction. When 2 ml of 0.6% (w/v) thiobarbituric acid (TBA) was added, the reaction systems were boiled for 15 min to develop the coloration. After cooling and centrifugation, OD values were measured at 532 nm. We calculated the inhibitive rate of endogenous lipid peroxidation as Inhibitive Rate (%) = (OD<sub>c</sub> - OD<sub>s</sub>)/OD<sub>c</sub> × 100%, where OD<sub>c</sub> and OD<sub>s</sub> are the OD values of the control and the sample, respectively.

The inhibitive effect of Fe<sup>2+</sup>-Cys-induced lipid peroxidation by *I. obliquus* polysaccharides was demonstrated using a similar assay. We prepared four reaction systems, then a cocktail reagent of 50 µl of 0.01 M Cys and 100 µl of 0.001 M FeSO<sub>4</sub> was added to reactions. Subsequent procedures, including the development of coloration, measurements of OD values, and calculation of the inhibition rate, were the same as described above.

#### Detecting the Depression Effect of Mitochondrial Swelling

After removal of blood, mice livers were washed promptly with cold normal saline, weighed, and homogenized in 10 vol of 0.25 M sucrose in an ice bath. The homogenates were clarified by centrifugation at 1000 rpm for 20 min at 4°C. The mitochondria were subsequently collected by further centrifugation of the former supernatants at

10,000 rpm for 20 min, washed twice with 20 mM Tris-HCl buffer (pH 7.4), resuspended in the same buffer to a concentration of 0.5 mg/ml of protein, and stored at 0°C. Each of the reaction systems included 2.5 ml of mitochondrial suspension and 1 ml of polysaccharide solution (at 100, 200, 400, and 800 µg/ml). One milliliter of normal saline was used as two controls (a positive control with only normal saline and a negative with all the reagents). We added 50 µl of 1 mM FeSO<sub>4</sub> and 50 µl of 1 mM VC (vitamin C) solution to the polysaccharide reaction systems and the negative control and incubated at room temperature for 20 min.

The damage caused by mitochondrial swelling was determined by measuring the OD values at 520 nm. The results of the inhibitive rates of Fe<sup>2+</sup>-VC-induced mitochondrial swelling are expressed as Inhibition Rate = (OD<sub>s</sub> - OD<sub>n</sub>)/(OD<sub>p</sub> - OD<sub>n</sub>) × 100%, where OD<sub>s</sub>, OD<sub>p</sub>, and OD<sub>n</sub> are the OD values of the sample, the positive control, and the negative control, respectively.

#### Assay of Antitumor Activity

The hepatoma cell line, SMMC7721, was used to analyze the direct cytotoxicity of *I. obliquus* polysaccharides, which was incubated in a 5% CO<sub>2</sub> incubator at 37°C and kept in RPMI-1640 with 10% calf serum. To investigate the inhibitory effect of endopolysaccharides against the hepatoma tumor, a cytotoxicity test was performed. We adjusted the cancer cell concentration to 3 × 10<sup>5</sup> cells/ml, added 100 µl of the suspension to each well of a 96-well plate, and aliquoted the medium to four groups. Group 1 (G1), with no cell suspension, contained only 100 µl of normal saline + 10 µl of normal saline. Group 2 (G2) included 100 µl of cell suspension and 10 µl of mitomycin (1, 2, 4, and 8 µg/ml). Group 3 (G3) consisted of 100 µl of cell suspension and 10 µl of endopolysaccharide solution. Group 4 (G4) contained only 100 µl of cell suspension and 10 µl of normal saline. After 44 h of incubation, the MTT assay was done, followed by OD measurements at 540 nm using the micro-plate reader. We subsequently calculated the medicine inhibition ratio and the cell viability ratio.

#### Antioxidation and Antitumor Activity Comparison

In this study, we used the method of water decoction and ethanol precipitation to extract polysaccharides from the *I. obliquus* fruit body. To compare the antioxidation and antitumor activities of the two polysaccharides which were extracted from the mycelia versus the fruit body, the same experiments were repeated with fruit body polysaccharides. The entire procedures were invariable.

## Results

### Microstructure of Mycelia

Colony diameters on the PDA plate were 12 to 16 mm at 7 days of incubation and 30 to 35 mm at 14 days. They looked moderately thick, raised, and densely woolly, and the color turned yellow. When incubated for 21 days at 30°C, the colony diameters were 77 to 82 mm, which was a little brown (Fig. 1a), and the agar beneath the mycelia was stained a dark brown or reddish brown. Then we observed the microstructure of the *I. obliquus* mycelia under a Nikon visible-light microscope. The micromorphology of aerial hyphae and intrahyphal hyphae is shown in the following photomicrographs. All of the hyphae lacked clamp connections. Aerial hyphae were hyaline and 3.0–5.0 µm wide but turned brown with growth (Fig. 1b). Intrahyphal hyphae were brown, 1.7–6.5 µm wide, and thick walled (Fig. 1c).

### Molecule Identification of the Strain

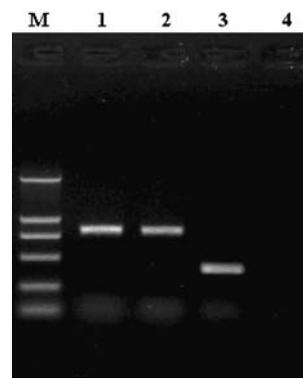
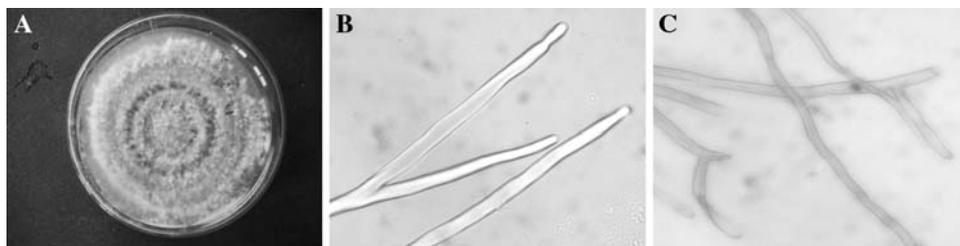
The internal transcribed spacer was amplified (Fig. 2). Subsequent sequence determination and phylogenetic evaluation were also done following the methods mentioned above. In the phylogenetic analysis of ITS sequences, the new sequences of LNUF008 were a 100% (686 of 686) match to the sequences of *I. obliquus* DQ103883 and AY558593 strains in GeneBank database. This suggested that the causal fungus was actually a strain of *I. obliquus*.

Comparing with 18 Basidiomycota ITS nucleotide sequence in the GenBank database, a phylogenetic tree analysis of ITS sequences was carried out, which suggested that the isolate LNUF008 strain was statistically identical to *I. obliquus* (Fig. 3).

### Optimal Conditions for Extraction of Polysaccharides

We first determined the submerged culture conditions by modifying the ingredients of fermental broth (Table 1). A modified PDA broth was used in this study with 20 g of glucose, 5 g of proteose peptone, 1.5 g of MgSO<sub>4</sub>·7H<sub>2</sub>O, 0.2 g of K<sub>2</sub>HPO<sub>4</sub> and 0.4 g of KH<sub>2</sub>PO<sub>4</sub>, which were added to 1L of the water used to boil 200 g of potatoes. The

**Fig. 1** The mycelia of *Inonotus obliquus*. (a) Colony of the case isolated on a 90-mm-diameter PDA plate after 21 days of incubation at 30°C. (b) Aerial hyphae of strain LNUF008. (c) Intrahyphae of strain LNUF008



**Fig. 2** Products of PCR amplification. M, DNA marker DL2000; lanes 1 and 2, LNUF008; lane 3, positive control; lane 4, negative control

*I. obliquus* polysaccharides were extracted in the temperature range of 105–135°C over a period of 3 to 8 h. As the temperature and time were increased, the amount of polysaccharides recovered also increased. The best extraction conditions we tested were 121°C for 5 h (Fig. 4).

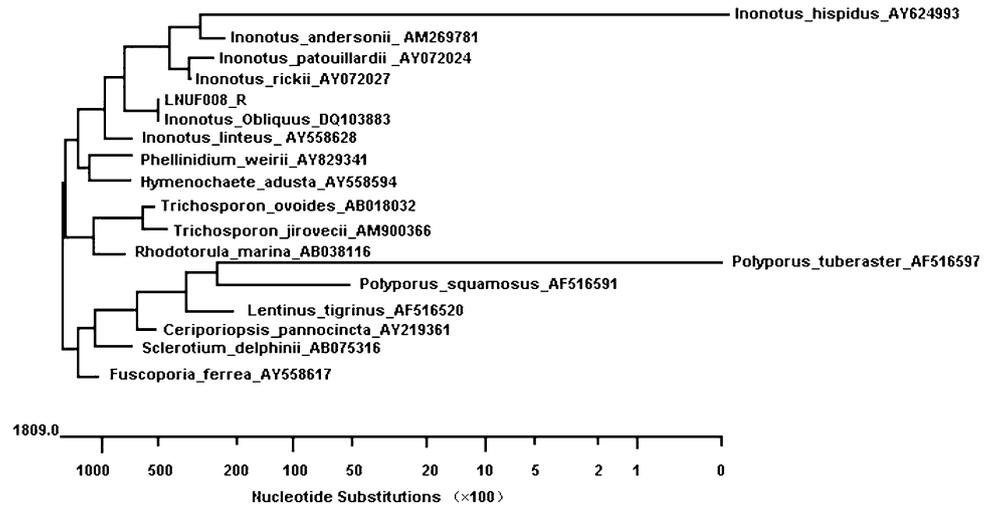
### Inhibitory Effect on Lipid Peroxidation of *Inonotus obliquus* Polysaccharides

Inhibitory activities of *I. obliquus* mycelial polysaccharides on lipid peroxidation were found to block endogenous and Fe<sup>2+</sup>-Cys-induced lipid peroxidation. We found that the polysaccharides can restrain endogenous lipid peroxidation at a low concentration, and the inhibitive rate increased with increasing concentration of the polysaccharides in a dose-dependent manner, when below 300 µg/ml. The inhibitory rate of Fe<sup>2+</sup>-Cys-induced lipid peroxidation was subsequently detected and also increased with increasing concentrations of the polysaccharides. The highest inhibitive rate was at 200 µg/ml. However, inhibitory effects on Fe<sup>2+</sup>-Cys-induced lipid peroxidation were exhibited at a much lower concentration than on endogenous lipid peroxidation (Fig. 5).

### Inhibitory Activity to Mitochondrial Swelling

As expected, lower OD<sub>520</sub> values were recorded in negative controls because the Fe<sup>2+</sup>-VC system induces oxidative

**Fig. 3** Phylogenetic tree analysis of 18 Basidiomycota ITS nucleotide sequences



**Table 1** Mycelial growth in shaking flasks containing fermentation broth augmented with various compounds

Ingredient of fermentation broth									Mycelial dry weight (g/l)
Glucose (2%)	Proteose peptone (0.5%)	Malt extract (0.6%)	Yeast extract (0.3%)	MgSO <sub>4</sub> · 7H <sub>2</sub> O (0.15%)	K <sub>2</sub> HPO <sub>4</sub> (0.02%)	KH <sub>2</sub> PO <sub>4</sub> (0.04%)	Boiled potato water	Distilled water	
A	+	–	–	–	–	–	+	–	10.04
B	+	+	–	–	–	–	–	+	2.97
C	+	+	–	–	–	–	+	–	14.47
D	+	+	–	–	+	+	+	–	15.22
E	–	–	+	+	–	–	+	–	11.35
F	–	–	+	+	+	+	–	+	5.78
G	–	+	+	–	–	–	+	–	9.10
H	–	+	+	–	+	+	+	–	8.36
I	–	+	+	+	–	–	–	+	4.49
J	–	+	+	+	+	+	–	+	3.92
K	–	+	+	+	–	–	+	–	10.28

Note: Data were obtained by averaging three replications

mitochondrial membrane swelling. *I. obliquus* polysaccharides inhibited the above-mentioned mitochondrial damage. Measuring at higher OD<sub>520</sub> values compared to the negative control, we found that the polysaccharide concentrations inhibited mitochondrial swelling in a dose-dependent manner (Table 2).

#### Cytotoxicity of Polysaccharides Against Cancer Cells

The antitumor activity of *I. obliquus* mycelia polysaccharides was investigated by an MTT assay. Mitomycin is an anticancer medicine which strongly inhibits the hepatoma cell line, SMMC7721. We did a comparison study between the anticancer activity of mitomycin and that of *I. obliquus* polysaccharides. Figure 6 shows the survival rate of cells and the inhibitive rate of the medicine. These results

indicate that *I. obliquus* polysaccharides can restrain the growth of cancer cells. The *I. obliquus* polysaccharide antitumor activity was measured and it showed the highest inhibitive rate at the dose of 150 µg/ml, that is, the same as the inhibitive rate of mitomycin at a dose of 5 µg/ml. In view of the strongly effective antitumor ability of mitomycin, the anticancer effect of *I. obliquus* polysaccharide is verified.

#### Comparison of Activities of Polysaccharides from Different Sources

We used the same methods to detect the antioxidation and antitumor activities of the polysaccharides of the fruit body, keeping the polysaccharides' quantity invariable. Then we compared the antioxidation and antitumor activities of the

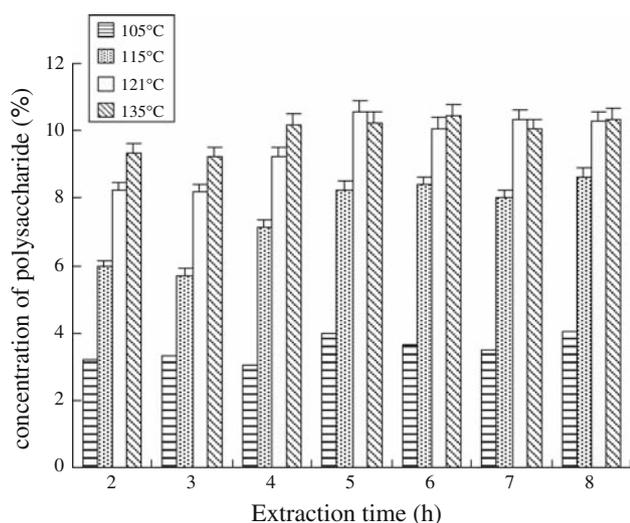


Fig. 4 Effect of optimal conditions for extraction of polysaccharide

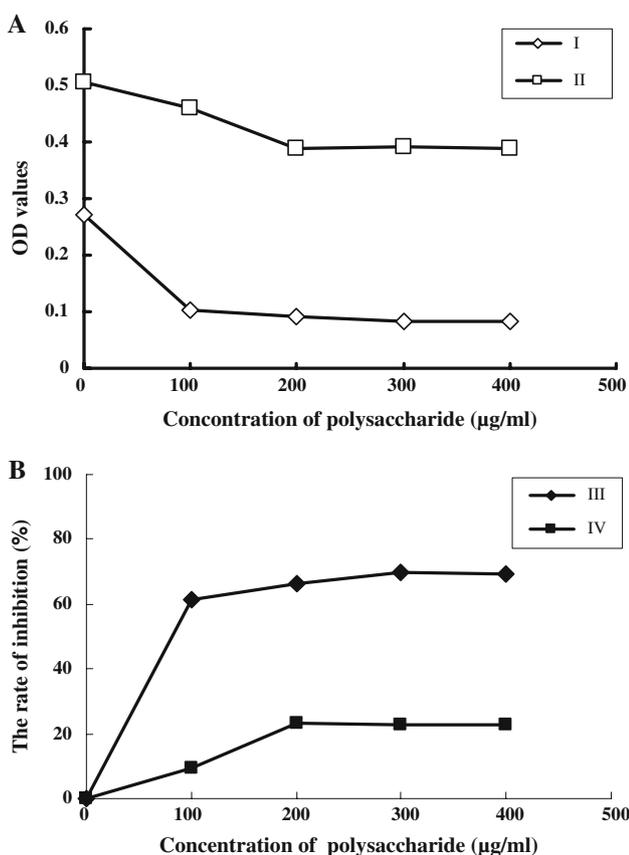


Fig. 5 Activity of polysaccharide inhibitory to endogenous and Fe<sup>2+</sup>-Cys-induced lipid peroxidation. (a) OD value. (b) Inhibitory rate. I and III, endogenous lipid peroxidation; II and IV, Fe<sup>2+</sup>-Cys-induced lipid peroxidation

polysaccharides from the two sources, respectively. The polysaccharides extracted from the mycelia showed stronger inhibitive activities to endogenous lipid peroxidation than

Table 2 Effect of inhibitory activity on mitochondrial swelling

Sample concentration	OD <sub>520</sub>	Inhibitory rate (%)
Negative control (with Fe <sup>2+</sup> -VC)	0.470 ± 0.021	-
100 µg/ml	0.500 ± 0.014	27.27
200 µg/ml	0.518 ± 0.018	34.55
400 µg/ml	0.520 ± 0.018	45.45
800 µg/ml	0.523 ± 0.010	48.18
Positive control (no Fe <sup>2+</sup> -VC)	0.580 ± 0.014	-

Note: Data represent the average of three replications

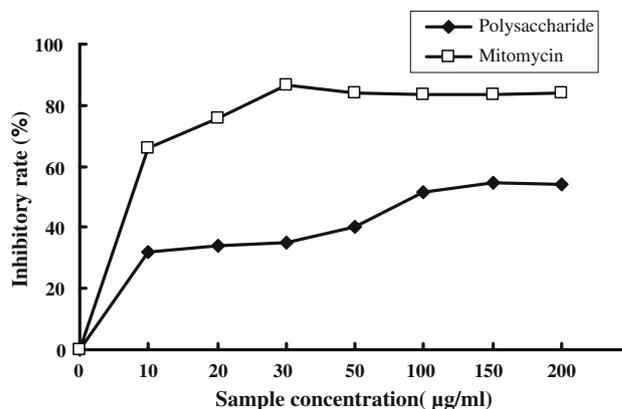


Fig. 6 Contrast of the activity inhibitory to hepatoma SMMC7721 cell survival

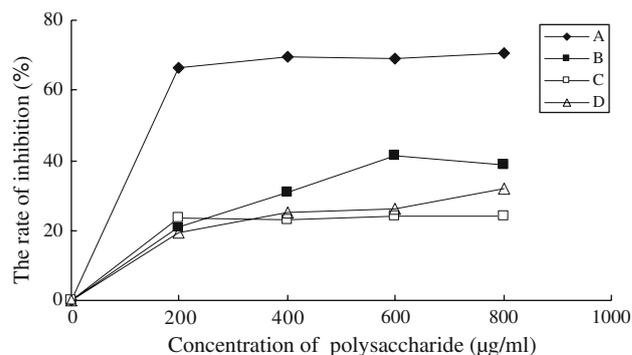
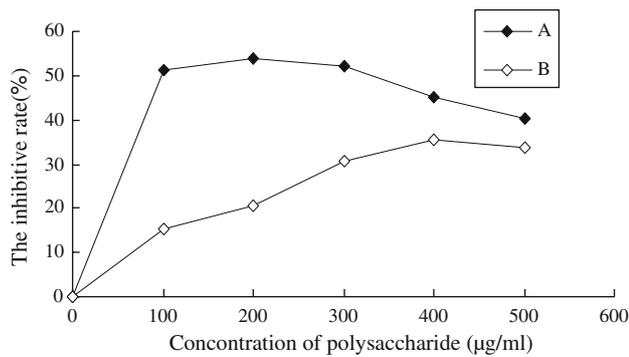


Fig. 7 Comparison of inhibitory activities of polysaccharides extracted from two sources to endogenous and Fe<sup>2+</sup>-Cys-induced lipid peroxidation. (a) Inhibitory activities to endogenous lipid peroxidation of mycelial polysaccharide. (b) Inhibitory activities to endogenous lipid peroxidation of fruit body polysaccharide. (c) Inhibitory activities to Fe<sup>2+</sup>-Cys-induced lipid peroxidation of mycelial polysaccharide. (d) Inhibitory activities to Fe<sup>2+</sup>-Cys-induced lipid peroxidation of fruit body polysaccharide

those from the fruit body. Mycelial polysaccharides at 300 µg/ml reached the highest inhibitive rate of 69.74%, however, 600 µg/ml polysaccharides from the fruit body reached a highest inhibitive rate of only 41.27%. Figure 7 showed that the two sources of *I. obliquus* polysaccharides had similar inhibitive effects on Fe<sup>2+</sup>-Cys-induced lipid



**Fig. 8** The inhibitory rate of *I. obliquus* polysaccharides extracted from two sources to hepatoma SMMC7721 cells. (a) Mycelial polysaccharide. (b) Fruit body polysaccharide

peroxidation, and the polysaccharides from the fruit body were a little stronger. After the direct cytotoxicity experiment of *I. obliquus* polysaccharides which were extracted from mycelia and fruit body, we found that the mycelial polysaccharides had a more powerful ability to inhibit the tumor cell (Fig. 8), which reached the highest inhibitive rate at the dose of 150 µg/ml, compared to the dose of 400 µg/ml for fruit body polysaccharides.

## Discussion

*Inonotus obliquus* is a medicinal fungus used as a folk remedy for almost five centuries, and is now attracting the attention of the scientific community. Previously, many investigations have been carried out to study its effect on cancer, digestive diseases, oxidation, and other conditions. Burczyk et al. [2] showed the cytotoxic effect of two aqueous extracts of *I. obliquus* on human cervical uterine cancer cells (Hela S3) in vitro. Rzymowska [15] reported the effect of aqueous extracts from *I. obliquus* on the mitotic index and enzyme activities. It was concluded that the *I. obliquus* extract inhibited the growth of tumor cells. The fungal extract caused a decrease in total cell protein and the mitotic index value. Babitskaia [5] found that *I. obliquus* synthesized phenolic pigments in the melanin family that had strong antioxidant and genoprotective effects. Cui et al. [23] discovered that four extracts from *I. obliquus* demonstrated antioxidant activity, superoxide, and peroxy radicals. Together, these reports provided inspiration for our team to study *I. obliquus* further.

However, the references above were only related to the bioactivity of the sclerotia extraction. We found that the growth of the mushroom fruit bodies is very time-consuming. If we produce extractions exclusively from the sclerotia, the amount of polysaccharides that can be produced is relatively small. Therefore, we chose to cultivate

mycelia, with the prospect of obtaining larger amounts of the polysaccharides.

*I. obliquus* belongs to the family Hymenochaetaceae of Basidiomycetes. Until now, few reports have shown any method for its identification. For this reason, we designed experiments in two directions in order to identify the new strain. On one hand, we observed the microstructure of mycelia; on the other hand, we conducted molecular identification. After culturing the mycelia, preparing the pressed slide, and taking photomicrographs of the aerial hyphae and intrahyphal hyphae, we gained better insight into these microstructures. The colony turned brown as the culture grew older. All of the hyphae lacked clamp connections. Aerial hyphae were hyaline, but intrahyphal hyphae were thick walled and brown.

ITS domain identification was carried out. After PCR amplification and gene sequencing, we obtained the ITS sequence of the LNUF008 strain. First, we compared it with those stored in the GenBank database using BLAST alignment software. The new sequences had 100% similarity in sequences of *I. obliquus* strains in GeneBank. Second, we used phylogenetic tree analysis of 18 Basidiomycota ITS nucleotide sequences in GenBank to identify the phylogenetic relationship. All results proved that the LNUF008 was actually a strain of *I. obliquus*.

Polysaccharides of edible mushrooms have a number of compounds with high bioactivities, such as lentinan, schizophyllan, and krestin [8, 11, 21, 22]. Furthermore, the medical effects are similar between the aqueous extract of fruit body and that of mycelia [14]. Li [10] reported that the fruiting body of *Cordyceps sinensis* in its caterpillar host shows a close resemblance in main constituents and antioxidation activity to the polysaccharides of *I. obliquus*. Using this information, in addition to our own methods and observations, we designed this project, including the test for measuring the anticarcinogenic activity against SMMC7721 hepatoma cells [12], determining the inhibitory effect to endogenous and Fe<sup>2+</sup>-Cys-induced lipid peroxidation, and measuring the ability to inhibit Fe<sup>2+</sup>-VC-induced mitochondrial swelling [4, 31]. All of our experiments are reported here first. We identified the antitumor activity of *I. obliquus* polysaccharides by the MTT method, and determined the high level of inhibition of SMMC7721 cell survival (at a dose of 150 µg/ml). Assays of antioxidation showed that the polysaccharides were capable of inhibiting endogenous and Fe<sup>2+</sup>-Cys-induced lipid peroxidation. The optimal amount of polysaccharides was 300 µg/ml to inhibit endogenous lipid peroxidation, and 200 µg/ml against Fe<sup>2+</sup>-Cys-induced lipid peroxidation. The concentration that showed inhibitory effects on Fe<sup>2+</sup>-Cys-induced lipid peroxidation was much lower than that for endogenous lipid peroxidation. Finally, we detected the antioxidation activity of

polysaccharides by measuring their ability to reduce mitochondrial membrane swelling and found that inhibitory activity to mitochondrial swelling was dose-dependent over the range of polysaccharide concentrations tested.

Because the resource of *I. obliquus* sclerotia is facing exhaustion, we hope that the polysaccharides extracted from the mycelia can serve as a good substitute for sclerotia polysaccharides. So antioxidation and anticancer assays were done with mycelial polysaccharides and fruit body polysaccharides, respectively. They showed that the mycelial polysaccharides had stronger activities of inhibition to endogenous lipid peroxidation and SMMC7721 hepatoma cells, and the two sources of polysaccharides had similar abilities against  $\text{Fe}^{2+}$ -Cys-induced lipid peroxidation.

*I. obliquus* has many medical functions. Polysaccharides extracted from the mycelia have a potential for clinical use, as they might be a good substitute for sclerotia polysaccharides, which are difficult to cultivate. Therefore, a detailed analysis is needed. This study provides information for further research and describes a novel method to produce larger amounts of the polysaccharides.

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